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DARREN PITTMAN/THE CANADIAN PRESS

THE FINAL SALUTE

CATHERINE CAMPBELL HONoured AS SHE IS LAID TO REST

metro**NEWS**

Can't tax the 'celebration'

FILM CREDIT

**Festival chief
says things may
change, but not
their support**



**Haley
Ryan**
Metro | Halifax

Changes to the film tax credit may have brought uncertainty to the industry, but the head of the region's film festival says it's vital to keep highlighting the work being done here.

In the midst of the 35th annual Atlantic Film Festival (AFF), executive director Wayne Carter said ticket sales are strong but the credit has been "a huge topic."

"There's conversations about the uncertainty of what's going to happen because I don't think anybody really knows that," Carter said Monday. "The positive side of that is that it's

a very resilient industry."

In the spring budget, government drew the anger of the industry when it replaced the \$24-million film tax credit with a \$10-million fund that allows producers to claim up to 25 per cent of all production costs.

Carter said the effect of that change on the festival will become clear next year, depending on how many productions stay in the province.

"If we have less films from Nova Scotia, it's going to have an effect on the enthusiasm level, that's for sure," Carter said. "But these things are very hard to speculate."

While Carter said change is "no doubt going to happen," he said the AFF will continue to support Atlantic filmmakers and actors in the province.

"It's our job to be a celebration, and it's our job to provide lots of opportunity for people to talk and ... get a sense of what the next steps are," he said.



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Weekly lease payments are for advertising purposes only. ⁹Model shown Manufacturer Suggested Retail Price for 2016 Sorento SX Turbo AWD (SR751G)/2015 Soul SX Luxury (S0758F)/2015 Optima SX Turbo AT (OP748F) is \$42,095/\$27,295/\$34,895. The Kia Sorento received the lowest number of problems per 100 vehicles among midsize SUVs in the proprietary J.D. Power 2015 U.S. Initial Quality Study[®]. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed from February to May 2015. Your experiences may vary. Visit jdpower.com. The Kia Soul received the lowest number of problems per 100 vehicles among compact multi-purpose vehicles in the proprietary J.D. Power 2015 U.S. Initial Quality Study[®]. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed from February to May 2015. Your experiences may vary. Visit jdpower.com. The 2015 Rio/2015 Forte/2015 Rondo were awarded with the Clef d'or "Best in Class" by L'Annuel de l'Automobile 2015. Visit www.annuelauto.com for all the details. The 2016 Sorento/2015 Optima/2015 Sedona/2015 Soul were awarded the 2015 Top Safety Pick by the Insurance Institute for Highway Safety (IIHS) for model year 2016/2015/2015/2015. U.S. models tested. Visit www.iihs.org for full details. Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). 2015 Kia Soul awarded ALG Residual Value Award for highest resale value in its class. Based on ALG's residual value forecast for the 2015 model year. ALG is the industry benchmark for residual values and depreciation data. www.alg.com. 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Candidates put city issues first

 ELECTION 2015

Forum focused on affordable housing and public transit



Stephanie Taylor
Metro | Halifax

Candidates from two federal ridings in the Halifax region flexed their party's policies on downtown issues to woo prospective voters during a forum Monday night.

The seven candidates from both the ridings of Halifax and Dartmouth-Cole Harbour took to the stage of Neptune Theatre in front of a crowd of 300 to discuss their platforms on a gamut of topics, from housing and transit funds to infrastructure and the arts.

"If political parties don't have a serious plan to work with cities, then they don't have a serious plan for jobs," Mayor Mike Savage said in his opening remarks.

All candidates except for Conservative Jason Cole for Dartmouth-Cole Harbour took part in Monday's event.

Participants included NDP incumbents Megan Leslie and Robert Chisholm for Halifax and Dartmouth-Cole Harbour, respectively, the Liberals' Andy Fillmore and Darren Fisher, the Green party's Thomas Trappenberg and Brynn Nheiley and Conservative Irvine Carvery.

All parties except the Tories supported a national transit



Liberal candidate Darren Fisher, left, and NDP incumbent Robert Chisholm are both running for a federal seat in Dartmouth-Cole Harbour, and were joined by five other candidates in a forum on urban issues hosted in Halifax on Monday.

STEPHANIE TAYLOR/METRO

strategy, with Carvery saying his party would provide a \$750 million investment through a public trust fund, plus an additional \$1 billion to aid transit systems across Canada, but without a singular coast-to-coast plan.

Meanwhile, Fillmore said a

National challenges play out in our communities ... infrastructure, housing, the environment are dominating the debate in this election.

Mayor Mike Savage

national transit strategy would allow for national leadership "on prioritizing bicycle and active transportation," with a planned investment of \$20 billion over the next decade to transit.

Again, all but the Conserva-

tives agreed on implementing a national affordable housing strategy, with Carvery cautioning against a "cookie-cutter" approach to such a dynamic issue.

Chisholm echoed the New Democrat mantra that affordable housing is a right, with a promise to collaborate with the Canada Mortgage and Housing Corporation to create 10,000 rental units over the next decade, with Nheiley saying the Greens would introduce measures to allow for seniors to stay in their homes for longer.

Monday's forum was also not without a few political jabs. Nheiley took aim at the Liberals and Conservatives for endorsing controversial Bill C-51 when candidates were asked about their plans to create a safer city.

Carvery also took a shot at Chisholm by saying, "Tommy Douglas must be rolling over in his grave," following Chisholm's espousal of the Irving shipyard for creating jobs.

All parties agreed to uphold the current national shipbuilding procurement strategy.

300

An estimated 300 people attended the multi-riding debate at the Neptune Theatre, featuring seven candidates from the Dartmouth-Cole Harbour and Halifax ridings.

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CRIME

Police lay charges in series of assaults, sexual assaults

Halifax police have charged a man after a rash of assaults and sexual assaults in the city's south end last week.

Jean-Marie Richard Bertrand, 35, of no fixed address, appeared in Halifax provincial court Monday to face four charges of sexual assault, two charges of assault and one charge of forcible confinement.

He was remanded into custody and will be back in Halifax provincial court on Sept. 28 for a mental fitness hearing.

Bertrand was arrested Thursday night after police received calls about seven different incidents.

On Friday, police said they were investigating five assaults, a sexual assault, and an incident of suspicious circumstances, but said Monday that "some of the incidents that were previously classified as assaults were determined to have sexual overtures so investigators laid sexual assault charges."

The incidents are alleged to have happened between 7:30 a.m. and 8:30 p.m. across the city on Thursday.

In one of the incidents, a man touched a woman "in a sexual manner over her clothing," and then tried to pull her into a nearby alley, resulting in the

forcible confinement charge.

In another alleged incident, a man approached a woman on Dalhousie's campus "and said something obscene in nature to her," and she ran off before he touched her.

That incident remains under investigation and no charges have been laid yet.

Police are also now investigating whether an incident Wednesday evening is connected to the assaults on Thursday.

A woman called police over the weekend to report that a man described as white, about five-foot-nine between 30 to 40 years old followed her to her car on Marginal Road, and "pressed himself against the window of her car but didn't say anything to her or try to touch her."

Anyone else who may have had a similar experience on Wednesday or Thursday is asked to call police.

ZANE WOODFORD/METRO

I know people think forcible confinement is locking somebody in a house, but it's just basically not letting someone go about their daily movements.

Halifax police spokeswoman Const. Stacey Opalka

WEST JEDDRE

RCMP search for missing man

Ground search and rescue has joined police in Halifax in looking for a missing man.

The RCMP say at 9:20 a.m. Monday, police in Musquodoboit Harbour responded to a call about Wayne Leonard Baker, 61, who was last seen at his home in West Jeddore at about 4:45 a.m. Sunday.

"Investigators are asking anyone who has information on this matter or who might have seen Mr. Baker to contact them," a RCMP release states.

Police say Eastern Shore Ground Search and Rescue and a Halifax Regional Police K-9 team is helping the RCMP in the search for Baker near his home.

Baker is described as being white, five-foot-eight, 170 pounds with long dark hair, a moustache and a goatee.

He was last seen wearing blue jeans, black sneakers, a ball cap and possibly a green hooded sweatshirt.

METRO



Wayne Leonard Baker HANDOUT



Shannex Enhanced Care, located on Parkland Drive in Clayton Park, was home to a similar incident in 2013 involving a 91-year-old woman who was pushed down stairs. JEFF HARPER/METRO

Care facility death ruled a homicide

ALTERCATION

Authorities say both involved were living in dementia wing



Zane Woodford
Metro | Halifax

The death of an 81-year-old man at a continuing care facility in Halifax has been ruled a homicide, but no charges will be laid.

The man died at Shannex Parkstone Enhanced Care facility Saturday night at 10:30 p.m. after a fellow resident at the facility pushed him during an altercation last week, causing him to fall.

The two men both lived in a secure dementia ward, or "neighbourhood" in the facility.

Halifax Regional Police were called to the facility Sunday morning, and, after an autopsy on Monday, concluded their investigation.

"The suspect is not criminally responsible due to his cognitive impairment," said Halifax police spokeswoman Const. Stacey Opalka late Monday.

"So even though the medical examiner's office has conducted an autopsy and ruled the death a homicide, no charges are going to be laid and the file is going to be closed."

According to a release from Shannex, an internal review has been launched at Parkstone "to understand all of the conditions in place at the time of the in-

+ PATIENTS

An official for Shannex told Metro the company will be working with the families, patients and the province to understand more about dementia and improve the quality of its care.

cident."

The release also says the incident is "deeply upsetting" to staff at the facility, and offers condolences to the victim's family.

A similar incident happened on a different floor at the same facility in 2013, when a 91-year-old woman was pushed down a set of stairs by a fellow resident, and died a few days later.

MANSLAUGHTER

Fisherman deserves lighter sentence, lawyer tells hearing

The captain of a Cape Breton lobster boat who pleaded guilty to manslaughter for his role in a violent death at sea should receive a much lighter sentence than one of his co-accused because of his fragile mental state at the time, his lawyer told a sentencing hearing Monday.

Lawyer Nash Brogan said Dwayne Matthew Samson of D'Escousse, N.S., should be sentenced to between six and eight years in prison because he has openly admitted he was steering the Twin Maggies on June 1, 2013, when it struck Phillip Boudreau's boat off Petit-de-Grat, tossing him into the water.

Boudreau's damaged, overturned skiff was found shortly after he disappeared. The 43-year-old's body has yet to be found.

An agreed statement of facts, read into the court record Monday, says Samson and one of his deckhands, Joseph James Landry of Little Anse, believed Boudreau was tampering with the lobster

traps they were hauling up that morning at 5 a.m. at the southern tip of Cape Breton.

The statement, presented in Nova Scotia Supreme Court in Port Hawkesbury, says that soon after the three-man crew spotted Boudreau's four-metre boat, Samson asked another deckhand to load a rifle, which was then handed to Landry.

Landry, who is Samson's father-in-law, used a rifle to shoot at Boudreau's boat four times, hitting him once in the leg, the document says. When Landry fired the second shot, Boudreau tried to get away but his propeller got tangled in rope, causing his boat to sit idle.

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MEMORIAL

Hundreds bid farewell to slain Truro police officer

An off-duty police officer whose body was found near the foot of a bridge in Halifax was remembered Monday as “sweet and strong” in a funeral service that saw police officers and firefighters line a street in Stellarton in her honour.

Hundreds of people attended the service at the First Presbyterian church in Catherine Campbell’s hometown and heard her aunt, Mandy Wong, describe her niece as an adventurous person who also had a gentle touch with children. She remembered how Campbell would often bend down on her knee to speak to children to ensure they weren’t afraid of police officers.

“She never would have imagined the effect she would have,” she said. “Catherine was brave and beautiful and sweet and strong.”

Eddie Stewart, a retired volunteer firefighter, placed a firefighter’s helmet in a hearse after the service.

He described Campbell, who

+ HUMANITARIAN

Catherine Campbell’s family has said she held a variety of jobs in the community before deciding to train as a police officer, finding a job in Truro as soon as she graduated six years ago.



Family members follow the urn containing the remains of Const. Catherine Campbell as it is carried down the steps of First Presbyterian Church in Stellarton on Monday. DARREN PITTMAN/THE CANADIAN PRESS

was 36, as a vivacious woman who one minute would grab a tool belt and help someone build their deck, and the next be wearing a party dress and “be looking great.”

Mike O’Sullivan, who served with Campbell during her 10 years as a volunteer firefighter in Stellarton, said the family is known in the community for its devotion to community service.

“Catherine’s been here at the station since she could walk, and it’s a terrible loss for our community,” he said.

Members of the Truro police service lined the entrance to the church and saluted as Campbell’s parents and family



She had everything going for her ... For this to happen, it’s just senseless to begin with. You think it’s going to happen elsewhere. It hits home and it’s tough.

Firefighter Mike O’Sullivan

arrived.

Campbell’s father Dwight, the chief of Stellarton’s volunteer fire department, and her mother Susan walked into the church beneath the outstretched cranes of fire trucks from Stellarton and Truro.

Campbell was reported missing on Sept. 14 when she failed to show up for work with the

police service in Truro. Halifax police recovered her body last Wednesday below an underpass leading to the Macdonald Bridge that crosses Halifax Harbour.

Christopher Calvin Garnier, 27, is charged with second-degree murder in Campbell’s death. He is also charged with indecently interfering with a dead body. THE CANADIAN PRESS



Const. Catherine Campbell
CONTRIBUTED

INVESTIGATION

Police follow leads in slaying



Zane Woodford
Metro | Halifax

Halifax Regional Police say they’ve received “solid information” after a plea last week for tips in the Catherine Campbell case.

After announcing charges in the 36-year-old Truro police constable’s killing, police asked that anyone who saw a man pushing or pulling a green bin between McCully Street and Barrington Street in the early morning hours of Sept. 11 come forward.

Police said they believed there was evidence in the green bin.

Police spokeswoman Theresa Rath told Metro Monday that police did receive tips last week that would “strengthen the case” against the accused, Christopher Garnier.

“We did have a number of tips come in, and we are following up on those tips and I understand that they are helping us to further our information,” she said.

Rath said that while those tips were helpful, police are still not done building their case.

“Our investigation is still ongoing and we still have a lot of work to do to put everything together and ensure that the package is put before the public prosecution service in the form of disclosure,” she said.

“We do have to ensure that we have all the evidence we need to put the case forward.”

Garnier will be back in Halifax provincial court Sept. 30 at 9:30 a.m., charged with second-degree murder.



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ELECTION 2015 NDP PLEDGES HEALTH-CARE SUPPORT FOR VETERANS NDP leader Tom Mulcair engages with veterans during a campaign stop at the Royal Canadian Legion in Dartmouth on Monday. Mulcair came to town and announced that an NDP government would give more money toward veterans' health care, including some for treatment of post-traumatic stress and mental health issues. THE CANADIAN PRESS/ANDREW VAUGHAN

Provincial deficit will be \$25M higher

FINANCES

Government has no plan to help economy: Opposition

A drop in tax revenues is getting most of the blame for a \$25 million increase in Nova Scotia's projected deficit, which now stands at \$122.5 million for the current fiscal year.

In an update released Monday, Finance Minister Randy Delorey said lower-than-expected growth in provincial tax revenue was the main reason for a deficit higher than the \$97.6 million projected in the spring budget.

Increased costs for home care and the bill for dealing with a harsh winter also contributed to the larger deficit figure.

"Continuing economic uncertainty means we have to continue to be diligent in our spending and fiscal management to maintain our fiscal plan and achieve a balanced budget in 2016-2017,"

said Delorey.

Finance Department figures show provincial tax revenues are down \$36.6 million, including \$14.1 million in personal income tax.

The reductions are expected to be offset by higher revenues from government business enterprises including a \$14 million increase in net revenue from the Nova Scotia Provincial Lotteries and Casino Corporation.

Overspending also played a role in the deficit figure, with four departments needing a total of \$13.2 million in new funding.

The two biggest appropriations included an extra \$5.7 million for the Health Department for home care costs associated with an increase in demand, and \$3.5 million for equipment repairs and snow removal by the Transportation Department.

The Department of Business is also expected to be \$2.8 million over budget because of divestitures in the Keltic Lodge resort.

The figures also show the now-defunct film industry tax credit has the potential to drive the



We have to be diligent in spending and fiscal management.

Minister Randy Delorey

province further into deficit.

The province budgeted \$24.1 million for the program and is currently processing \$36.5 million in applications. It has also received another \$32.6 million in applications since April 1. The government announced in the spring budget that the tax credit would be replaced by a new \$10-million film incentive fund.

Progressive Conservative Leader Jamie Baillie said while the government can still cut its way to a balanced budget over the next two years, the swelling deficit figure shows there's no plan for the province's sputtering economy.

THE CANADIAN PRESS

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NSCAD

Arts university to move from historic downtown location

Canada's oldest independent arts university is moving from the historic downtown Halifax property that has served as its home since the 1970s.

The board of governors of NSCAD University, formerly the Nova Scotia College of Art and Design, made the decision last week after months of consultations on how to improve the experience of its students.

The university, which has struggled financially in recent years, began talks after receiving a \$3-million donation in July 2014 and recently decided the best solution is to move its Fountain campus to another location.

The Fountain campus — one of three operated by the university — is made up of 23 interconnected Victorian buildings that

2019
The university hopes to move to an integrated campus by the end of 2019.

once served as merchant shops and warehouses in the heart of downtown Halifax.

In a news release, university

president Dianne Taylor-Gearing describes the downtown property as charming, but says the aging buildings need more money.

Its other campuses include the Academy Building on Brunswick Street and a 6,500-square-metre building on the city's waterfront.

The school said last year it was making progress on reducing its deficit and debt.

It flirted with the idea of merging with another university in the city to help ease costs, but concluded an affiliation would not lead to savings and could actually cost more.

THE CANADIAN PRESS

YARMOUTH

Deadline set for ferry proposals

Friday is the deadline for potential service providers to let the province know why they would be best suited to operate the ferry service between Yarmouth and Portland, Maine.

The province issued a Request for Submissions (RFS) on Sept. 8 to four potential service providers, including the current operator, Nova Star Cruises.

The deadline for submissions

is Sept. 25 and, from the wording of the RFS, this isn't an exercise the province intends to carry out on a frequent basis.

"The province anticipates executing the Funding Agreement covering the 10-year period (2016 through 2025) with the proponent by Oct. 31, 2015," the RFS reads.

"The Department is hoping to make a decision on the service going forward as quickly as

possible after Sept. 25," reads an email from Brian Taylor, a spokesperson for the Department of Transportation and Infrastructure Renewal, to the Yarmouth Vanguard.

While the Request for Submissions went to four potential service providers, the department says it won't know if all will submit proposals until the Sept. 25 deadline passes.

TC MEDIA

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SEPTEMBER 22



GUIBORD S'EN VA-T-EN GUERRE

(MY INTERNSHIP IN CANADA)

Tuesday, Sept. 22, 7:00PM - Park Lane, Theatre 8

Steve Guibord, député indépendant de Prescott-Makadew à Rapides-aux-Outardes, se retrouve malgré lui à détenir la balance du pouvoir au Parlement et doit décider si le Canada partira en guerre. Alors qu'il parcourt sa circonscription pour consulter ses électeurs – accompagné de sa femme Suzanne et de sa fille Lune, ainsi que de Souverain, un stagiaire haïtien idéaliste – les groupes d'intérêts s'invitent dans un débat qui déraile et le député devra faire face au poids de sa conscience. Vaut-il mieux prendre la bonne décision pour les mauvaises raisons, ou prendre une mauvaise décision pour les bonnes?

Steve Guibord, independent Member for Prescott-Makadew à Rapides-aux-Outardes, ends up, despite himself, holding the balance of power in Parliament and must decide if Canada will go to war. While travelling through his riding to consult his constituents – accompanied by his wife Suzanne and his daughter Lune, along with Souverain, an idealistic Haitian trainee – special interest groups enter into a debate that goes wrong and the Member must face the weight of his conscience. Is it better to make the right decision for the wrong reasons, or to make the wrong decision for the right ones?

French with English Subtitles

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Director: Philippe Falardeau

Writer: Philippe Falardeau

Producer: Luc Déry, Kim McCraw

Cast: Patrick Huard, Iréne Exantus, Suzanne Clément, Clémence Dufresne-Deslères, Sonia Cordeau, Paul Doucet, Robin Aubert

Country: Canada

Runtime: 108 minutes

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PARK LANE THEATRE 4																The Daughter Runtime 94 minutes 6:30PM Page 28					Mavis! Runtime 82 minutes 9:00PM Page 71							
PARK LANE THEATRE 5												She's Beautiful When She's Angry Runtime 72 minutes 4:00PM Page 72					Early Winter Runtime 120 minutes 7:15PM Page 61						AFF Late Night: Thrills & Chills Runtime 84 minutes 10:00PM Page 70					
PARK LANE THEATRE 6																Life Runtime 111 minutes 6:45PM Page 64					Le Mirage Runtime 101 minutes 9:15PM Page 65							
PARK LANE THEATRE 7															Noon Gun Runtime 78 minutes 6:15PM Page 36						I Saw The Light Runtime 123 minutes 9:30PM Page 29							
PARK LANE THEATRE 8												Reel East Coast Showcase 3 Runtime 60 minutes 4:30PM Page 43					Guibord s'en va-t-en Guerre (My Internship in Canada) Runtime 108 minutes 7:00PM Page 21					I Saw The Light Runtime 123 minutes 9:30PM Page 29						

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ECONOMICS

Commuter rail not 'viable', report finds



Stephanie Taylor
Metro | Halifax

A new consultant's report may have appraised building a commuter rail line in Halifax as financial nonsense, but one city councillor still holds out hope, plus a few extra questions.

"Commuter rail represents a significant vision change for Halifax," Coun. Tim Outhit said Monday. "The money is going to be spent and it is a matter of how, we as a city, want to be in the future."

"Are we going to spend the money on buses and roads ... or are we going to use rail and ferries?"

Outhit complimented the CPCS report, commissioned by transit staff following an earlier council decision to evaluate the feasibility of a commuter rail system from peninsula Halifax through Bedford to Windsor Junction, servicing Beaver Bank and Cobequid, ending near Elmsdale.

In summary, the study found that "commuter rail in Halifax — as currently conceived — is not economically viable," due to high upfront capital costs with low cost-recovery.

The 247-page document details that depending on the routes selected, CN Rail infrastructure upgrades for 11 possible station

locations could cost between \$36-\$62 million, with operating costs estimated in the range of \$9-\$10.9 million.

Annual revenues, however, were predicted to only be between \$0.8-\$2.9 million.

"As expected, a commuter rail system in Halifax would result in negative financial returns for Halifax Transit," the report reads, estimating losses to swing between \$164-\$187 million.

Outhit questions how those numbers would hold up against other transportation alternatives, such as creating new bus routes that could require additional roadways to be built or widened.

He also called the report's ridership estimates modest, which predicted that no more than a maximum of 4,287 people would use the rail on any given weekday.

Despite the figures, the report does not quash a commuter rail system entirely.

Rather, it suggests more long-term planning and policies are first needed to encourage density around station areas.

BACKGROUND

The study and an additional staff report are headed to Thursday's transportation standing committee.

IN BRIEF

Windsor Sears closing

The Sears Hometown store in Windsor will close its doors for good in the coming weeks as they clear out inventory.

Randy Hussey, the independent owner of the store, said he's known for a little while this was going to happen.

"We've been trying to

persuade Sears not to do it," Hussey said, adding that the catalogue counter will have a new home somewhere in town so customers can still pick up their parcels.

Hussey has operated the store for almost seven years, employing six people. "I feel like somebody kicked me in the stomach," he said. "It's not what I want." TC MEDIA



Aris Hernandez, 21, international student liaison and Friendship Team member on campus Monday. JEFF HARPER/METRO

'There's someone that they can approach'

MOUNT SAINT VINCENT

University launches Friendship Project



Haley Ryan
Metro | Halifax

One Halifax university is trying to take the fear out of making new friends.

On Monday, Mount Saint Vincent University launched its Friendship Project on the United Nations' Day of Peace, aimed at helping both international and Canadian students feel more at home.

Aris Hernandez, 21, is the

international student liaison of the Friendship Project team who created a colourful braided ribbon that signals those who wear it or put it on their door are open to making friends of all backgrounds.

"It's been a little bit hard to meet friends the first time I arrived, due to English is my second language," said Hernandez, who moved to Halifax from a large city in Mexico three years ago to study business administration.

Dozens of students chatted during the event where people made art at different tables, played board games or wrote postcards of peace to politicians.

Hernandez said although he was able to reach out to people and make friends because MSVU is a small community, both international and Canadian students

“It's a philosophy to inspire kindness and connection with ourselves and others.”

Kim MacAulay

alike still struggle to put themselves out there.

"There's a little bit of fear and insecurity that they might not like you just because you're from another country," Hernandez said. "That's the reason we made the pins, that way they can actually know that there's someone that they can approach."

Kim MacAulay, MSVU spiritual life co-ordinator and chairwoman of the Friendship Project, said the

idea of highlighting friendship and acceptance was inspired by a variety of things including the school's roots as a women's college, but realizing international students were having trouble making friends was the "tipping point."

As a shared project between MSVU and its student union, MacAulay said, the symbol will appear on events throughout the year that promote friendship, like varsity events or multicultural night.

"Regardless of where you're coming (from) or what challenges you're experiencing, how can we create a more caring, inclusive community for you to be a part of so that actually it will enhance your learning?" MacAulay said.

"It's friendship to ourselves, as well as friendship to each other."

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READY TO ENGAGE

Metro's coast to coast daily election series connects young, urban Canadians to the issues they care about

'There's an issue for everyone' — even young voters



ROSEMARY WESTWOOD
in Vancouver

For a digital native, Kevin Ehman takes a dim view of social media's ability to change voting behaviours.

Ehman, 31-year-old project manager of a creative agency, is one of the founders of Vic Votes, a non-partisan organization that aims to boost youth voter turnout the old-fashioned way, through engaging people in-person, on the street and at events. The effort is based on the belief that a good 15-minute chat can do what a social media campaign cannot.

"There's an issue for everyone," he says. And the goal is to use that issue as a gateway for voting. "What matters to you? What are you pissed off about? Have you looked into what candidate most closely represents your vantage point on this issue?"

This election, Ehman wants to buck the trend and get youth voters out in force to the polls.

In 2011, about a third of

electors aged 18 to 24 voted, and only 45 per cent of those aged 25 to 34, according to Elections Canada. Overall voter turnout hovered around 61 per cent.

So far, Vic Votes has hosted an all-candidates forum and they're asking employers to pledge to let their employees vote. They'll also be at Rifflandia this month, Victoria's popular outdoor music festival.

Ehman is a political junkie, a poli-sci major, the product of rousing dinner table debates, and very aware that not everyone sees the connection between their day-to-day life and Parliament Hill. He uses some friends as examples, guys who love to spend time outdoors, and may not connect that with natural-resource policies, or environmental management.

Ehman's no fan of our first-past-the-post system (he said he likes the NDP's plan, in principal, to adopt a mixed-member proportional system). But, he says, the more people who vote, the more democratic it becomes.

"There's enough people out there trying to tell you who

to vote for. It's about trying to convey why, and how," he says, and adds, "and then when is also important."

The campaign has a few 22-year-old volunteers that got involved not for partisan loyalties, but via a belief that voting isn't just a privilege — it's a duty. And that offers some hope.

The stakes are higher than just this one election. A 2013 parliamentary report warned that young non-voters don't magically turn into voters as they age, which "may have long-lasting implications for voter participation in Canada."

It won't be easy for Ehman to judge the success of Vic Votes — but he noted that the group was active during Victoria's recent mayoral campaign, which featured an upset win and an increased voter turnout.

"I don't know if we had an impact," he said, "but I like to think we did."

Rosemary Westwood is travelling across the country talking to young voters. Tomorrow: Jerilyn Webster in Vancouver.



VOTER PROFILE

Name: Kevin Ehman **Age:** 31 **Riding:** Victoria
His issues: Voter turnout, electoral reform

Aboriginal youth want into politics

ROCK THE VOTE

Young electorate finding ways to remove barriers and get involved



Shane Gibson
Metro | Winnipeg

Jenna Wirch is a politically active 24-year-old aboriginal woman from Winnipeg who worries she may not be able to vote in the upcoming federal election.

That's because new rules included in the Conservative government's Fair Elections Act — which became law in June 2014 — mean vouching and Voter Information Cards are no longer accepted as a valid form of identification at polling stations.

"Oh yeah, I would vote if I had ID but I don't know if I'm going to be able to," Wirch



Jenna Wirch, 24, uses a loudspeaker to rally a group of hundreds of people who took part in a walk to bring attention to dangers facing Aboriginal women in Winnipeg Monday.

SHANE GIBSON/METRO

said while taking a break from using a loudspeaker to rally a crowd of hundreds who marched through downtown Winnipeg on Monday to bring awareness to the dangers facing young aboriginal women.

"I would vote, yes, and just to get Harper out. But there's a lot of barricades in my way."

A study commissioned by

Elections Canada in 2011 that asked First Nations people whether they had voted in the last four elections found voter turnout was either statistically equal to or much less than the general population.

The report found First Nation turnout was higher than national average in 2011 (62.3 per cent compared to 61.4 per cent) — a stark change from 2008 when aboriginal turnout trailed the national turnout rate by more than eight percentage points (58.8 per cent compared to 50.1 per cent).

Jackie Traverse, who helped start a Facebook group to

encourage aboriginals to vote during Winnipeg's civic election last year, said issues like murdered and missing women and the environment are encouraging more indigenous people to take an interest in politics.

She's using the group, called Indigenous Rock the Vote, to help voters like Wirch navigate the federal election system, and she says it's spawned similar across the country.

"We are awakened now," she said. "We want to be part of this election and have our voices heard."

The barriers facing young aboriginal voters aren't all physical, according to Winnipeg-based community activist Michael Redhead Champagne. The 28-year-old says politicians aren't doing enough to build the political literacy of their electorates, especially ones in the First Nations community.

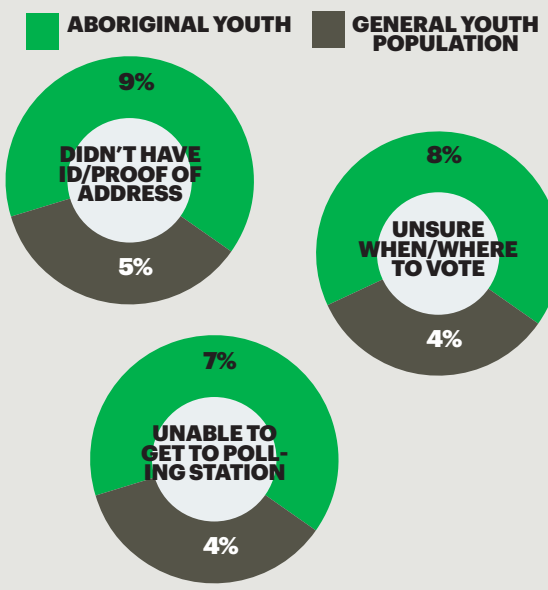
But at the same time Champagne credits young First Nations people with going out of their way to get involved.

"There's a lot of young people who are doing things that are innovative that I think are removing barriers," he said.

BY THE NUMBERS

A question of access

A 2011 Elections Canada study, which found that **only 42 per cent of aboriginals aged 18 to 34 voted in the most recent federal election** (compared to a national average of 74 per cent), shows that when asked to give reasons for not voting, aboriginal youth were about twice as likely as the general youth population to cite lacking proper ID, not knowing where and when to vote and being unable to get to the polling station.



We recognize that what happens with our water is related to violence against women, is related to child welfare.

Michael Redhead Champagne



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Debate heats up over military

ELECTION 2015

Tories, NDP blast Trudeau for promising to scrap jets

The politics of military procurement preoccupied the federal leaders Monday as they fired rhetorical missiles at each other over the future of Canada's ill-fated attempt to buy new fighter jets.

Stephen Harper and Tom Mulcair both blasted Justin Trudeau for announcing a day earlier he would scrap the multibillion-dollar purchase of 65 F-35 stealth fighters to replace the current aging fleet of CF-18s, and reinvest the savings into the navy.

The Conservative and NDP leaders both said it showed a lack of judgment by the Liberal leader.

The heightened rhetoric was reflective of the high stakes at play with military procurement: it is a political hot potato because it usually represents the government's biggest capital expenditure of taxpayers' money.



Liberal Leader Justin Trudeau walks to the campaign plane in Toronto on Monday.

ADRIAN WYLD/THE CANADIAN PRESS

Asked Monday about what they thought of the Liberal leader's plan to scrap the F-35, Harper questioned "what planet" Trudeau was living on, while Mulcair said Trudeau was prejudging the public tendering process.

Experts say the F-35 purchase would cost taxpayers about \$44

billion over the four-decade lifespan of the Lockheed Martin jets.

Trudeau, however, stood his ground, saying there are other, less expensive, proven options already flying that would meet the requirements to replace the CF-18s.

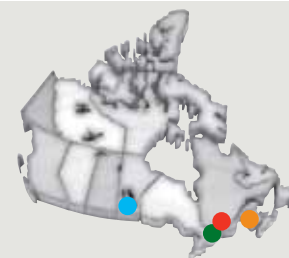
One of Trudeau's foreign

policy advisers, the retired Lt-Gen. Andrew Leslie who is running as a Liberal candidate in an Ottawa riding, said any of the other aircraft options would cost 15 to 30 per cent less than the F-35.

The savings, he said, would be spent on upgrades for the navy,



WHERE THE LEADERS ARE TUESDAY



• **Stephen Harper** will be in Winnipeg.

• **Justin Trudeau** will be in Montreal.

• **Tom Mulcair** will be in Moncton, N.B.

• **Elizabeth May** will be in Ottawa.

which he characterized as being in a state of "crisis."

Leslie is one of the Liberals' star candidates, and the party activated him Monday as the campaign trail debate focused on military procurement.

The F-35 saga has been fraught with controversy, plagued by malfunctions and cost overruns. The project is on hold after the auditor general offered a scathing critique of the procurement.

The Harper government has since said it will extend the lifespan of the current CF-18 fleet to 2025 and it's unclear if and when it intends to continue with the stealth fighter program.

Harper has stopped short of endorsing the F-35 in recent days, but appeared incredulous on Monday that Trudeau would scrap the program, accusing him of living in a "dream world." He said the domestic economic spinoffs in Canada for the F-35 would be "critical" for the aerospace industry and the manufacturing sector.

Mulcair said Trudeau was showing a lack of experience in cancelling the F-35 purchase, instead of opting for an open competition between various aircraft makers, calling that "the basic rule of public administration."

THE CANADIAN PRESS

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- ... children's author and giant mouse:

GERONIMO STILTON

REFUGEE CRISIS

Woman fears for her relatives

Amal Radha dabs the tears from her eyes as she speaks about her missing family. As the eldest, she helped raise her sisters and her nephews.

"I'm a total wreck now," says the 52-year-old Toronto woman through a translator. "I have no one. We were living in Iraq in a big family with all our loved ones ... (now) my whole life is destroyed. I just need to know about my sisters, my nephews."

Her two sisters — Nawal, 42, and Feryal, 39 — and her three nephews — Bashir, 12, Baraa, 10 and Sudad, 7 — left a United Nations refugee camp on the borders of northern Iraq, Tur-

key and Syria months ago to make their way to Lebanon, where refugee applications are processed quickly.

But to get to Lebanon the family had to cross on foot Iraqi territory that was held by the Islamic State. Radha hasn't heard from them since February. And now she fears the worst — that they have been captured or are dead.

Radha came to Canada in November 2009. She had left her hometown of Baghdad in 2007 after she was kidnapped and assaulted. Her life had also been threatened — someone had left a bullet and a note in

her desk drawer at the Ministry of Health saying her life was at risk, she says.

Her husband had been killed while he was helping the U.S. military. Her brother — a barber — had disappeared. She believed he was kidnapped.

She tries to remain upbeat and hopeful but knows the odds are something is wrong. They would have called or emailed by now. For the moment, all she has are photos she took when she saw them last and a recording of Bashir singing O Canada in eager anticipation of coming to Canada.

TORSTAR NEWS SERVICE

ASSISTED DYING

Panel learns from Europeans

The head of a Canadian panel looking into legislative options to govern doctor-assisted death says a recent fact-finding tour in Europe has opened members' eyes to the many complexities surrounding a practice that's soon to become legal in Canada.

Dr. Harvey Max Chochinov said he and the two other members of the External Panel recently returned from an intensive 11-day study of how physician-aided dying has been implemented in



We learned a tremendous amount from experts who have a great deal of experience with end-of-life regimes in their countries.

Dr. Harvey Max Chochinov

the Netherlands, Belgium and Switzerland, where patients can legally have their deaths hastened.

The panel was appointed to consult experts and the public before providing the government

with potential options for crafting new legislation, but their work, for the most part, is on hold until the federal election is decided Oct. 19.

THE ASSOCIATED PRESS



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Clockmaker splits critics

ARREST FOLLOWUP

Atheist writer Dawkins under fire for views on Twitter

Atheist author Richard Dawkins has drawn criticism on social media after he questioned whether 14-year-old Texas student Ahmed Mohamed may have “wanted the police to arrest him” by bringing a clock to school last week.

“Did he deliberately want to be suspected of making a bomb? Did he want to be arrested, to be seen as a victim of ‘Islamophobia?’” Dawkins wrote on Twitter on Sunday.

“If so, Texas police played right into his hands and most of us (including me) fell for it.”

Mohamed was arrested after a homemade, digital clock he brought to class to impress his teacher last week was mistaken for a bomb.

His arrest drew accusations of Islamophobia, and spawned a hashtag, #IStandWithAhmed, in solidarity with the ninth-



Ahmed Mohamed, 14, arrives at his family's home in Irving, Tex., recently. THE ASSOCIATED PRESS

grader. U.S. President Barack Obama invited Mohamed to bring the clock to the White House and Canadian astronaut Chris Hadfield invited him to attend his science show in Toronto at the end of October.

But that didn't stop Dawkins from sharing YouTube videos

“**Right. That's a clock, and I'm the Queen of England.**

Sarah Palin

and blog posts that accused Mohamed of being a “fraud” for not actually inventing the clock he brought to school, but reassembling one instead.

Dawkins is a British writer and scientist who wrote the best-selling book *The God Delusion*, and promotes scien-

tific knowledge and “a secular world view” through his foundation. He regularly speaks out against religion, but has been accused in recent years of singling out Islam for criticism.

People quickly responded angrily to Dawkins' comments, accusing him of missing the point of what happened to Mohamed and of being skeptical of the teen's motives simply because he is Muslim.

“Funny how you all search for the so called facts and hidden agendas ONLY when its (sic) about Muslims,” one Twitter user said. “This is the saddest thing I've seen you write, and I have bought almost every book you've written. Come on,” said another.

“Software is made from bought components. Legos are bought components. The kids who assemble them are still engineers,” another user commented.

The story has been picked up by right-wing commentators in the U.S., including Sarah Palin, who wrote on Facebook: “Right. That's a clock, and I'm the Queen of England.”

TORSTAR NEWS SERVICE

UNITED STATES

Figures for trash revised

Americans are sending more than twice as much trash to landfills as the federal government has estimated, according to a new study.

It turns out that on average, Americans toss 2.3 kilograms of trash per person per day into landfills, according to an analysis of figures from the same study, which is based on actual landfill measurements instead of government estimates.

For years, the U.S. Environmental Protection Agency relied on estimates to determine how much trash was being sent to landfills. But in 2010, the agency required most municipal landfills to measure and report how much trash was heading into the dumps, as part of an effort to lower heat-trapping methane emissions. Researchers at Yale University looked at the records for more than 1,200 landfills and calculated amounts, predominantly based on weights.

Three outside experts said they trust the Yale numbers.

THE ASSOCIATED PRESS

Croatia opens reception centre as asylum-seekers pour in

metr The Syrian Crisis The barriers

Croatia set up a migrant reception centre in the eastern village of Opatovac on Monday, in hopes of injecting order into the unrelenting chaos that has gripped the tiny Balkan country overwhelmed by thousands

seeking sanctuary in Europe.

About 27,000 people fleeing conflict and poverty in the Middle East, Africa and Asia have entered this nation of 4.2 million since Hungary shut its border with Serbia on Sept. 15. That closure stymied many migrants, who found their way blocked as governments bick-

ered over who should take responsibility for them.

Stung by criticism that his country had done little to help, Croatian Interior Minister Ranko Ostojic visited the camp and boarded a bus full of asylum-seekers. In a rather folksy tone, he introduced himself by his first name and told the group

they had nothing to fear. “You will be here for short time in the camp to take refreshments, foods, what you need and then you will be transported to Europe. Please follow instructions of the police. Everything will be OK. Thank you.”

At the new migrant centre, police erected a metal fence,

dividing the migrants from the media. Exhausted asylum-seekers hung their washing on a fence as they recovered from many days spent walking from border to border, hoping to go to Germany or Scandinavia.

The new centre is expected to register the asylum-seekers and then arrange for transport

onward. But some were worried, even though they've been promised they will eventually be sent to Hungary or Slovenia.

Croatia's move is only a small reflection of the intense pressure countries in southeastern Europe have felt as the influx continues.

THE ASSOCIATED PRESS

IN BRIEF

Women admit unwanted sexual contact: Survey

A quarter of women surveyed at more than two dozen universities in the U.S. say they experienced unwanted sexual contact sometime during college, according to a report released Monday. The Association of American Universities Campus Climate Survey was sent to nearly 780,000 students at the association's member colleges, plus one additional university. About 150,000 participated in the online questionnaire. The results were in line with past surveys on sexual assault and misconduct on college campuses — and confirmed that alcohol and drugs are important risk factors. THE ASSOCIATED PRESS

LEBANON

Ads warn migrants against illegal entry

The Hungarian government posted ads in Lebanese and Jordanian newspapers on Monday warning migrants not to enter Hungary illegally, saying it is a crime punishable by imprisonment.

In a full-page advertisement in several newspapers, including Lebanon's leading *Al-Nahar* and Jordan's *Al-Rai*, the government said “the strongest possible action is taken” against people who attempt to enter Hungary illegally.

“Do not listen to the people smugglers. Hungary will not allow illegal immigrants to cross its territory,” the advertisement reads in English and Arabic.

Lebanon has nearly 1.2 million Syrian refugees and Jordan about 630,000, some of whom

have expressed interest in migrating to Europe because of dwindling aid and work opportunities.

Hungary, which closed its border with Serbia on Sept. 15, erected another steel barrier at the Beremend border crossing with Croatia to try to slow the flow of migrants.

Earlier this month, Denmark's Ministry of Immigration posted advertisements in Lebanese newspapers aiming to deter migrants, saying that the Scandinavian nation has reduced social aid to migrants by 50 per cent recently.

Denmark also warned that migrants whose applications are rejected will be deported immediately.

THE ASSOCIATED PRESS



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A blurred photograph of a busy airport terminal. In the foreground, a woman in a black coat and a man in a black jacket are walking towards the right, each pulling a black suitcase. The background is filled with other travelers, some standing and some moving, creating a sense of motion. The terminal has a high, arched ceiling with bright lights, and there are various signs and structures visible in the distance.

Security breach puts iPhones, iPads at risk

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HIGHEST RANKED LARGE LIGHT DUTY PICKUP IN INITIAL QUALITY IN THE U.S. \$



Song of the savannah: Who said music was unique to humans? Giraffes, once thought silent but for a few snorts, hum to themselves at night — though researchers aren't sure why.

TIM HARPER: ON THE PANIC OVER REFUGEES

The three parties can differ on numbers and timelines ... but for Harper to suggest the opposition parties are not concerned about security is flat-out fear-mongering.



Are we fearful jihadists will infiltrate the masses fleeing Syria and land on our shores?

Are we concerned that allowing women to take the citizenship oath with their faces covered will somehow render the fabric of the Canadian family?

Do we lie awake at night believing fiscal deficits will lead us to ruin or that an NDP government federally would somehow replicate the “unmitigated disasters” of their provincial cousins?

There is no doubt Stephen Harper can claim a constituency on each of the above propositions he is putting to voters. If he can begin to move voters on two or more of those elements of doubt he has sown, he can build from his base and start reaching for a minority government on Oct. 19.

All three propositions are highly debatable, but each has a grain of truth that will appeal not only to Conservatives, but possibly the soft Liberals the Conservatives are courting. Let's look at each in isolation.

Conservatives deserve credit for moving to streamline the refugee acceptance process in this country, a week after announcing they will match humanitarian aid pledged by Canadians. Canadians and the opposition parties also deserve credit for pushing Harper off a position that badly misjudged the level of compassion in this country.

Now that they have responded, however, the Conservatives still find it impossible to move off their baseless message that their opponents would forsake security for expediency.

Immigration Minister Chris Alexander quite reasonably says we cannot

ignore the risk of jihadi terrorists seeking to exploit the generosity of nations such as Canada. But Conservatives don't stop there.

At last week's economic debate, Harper made this claim: “These guys would have had, in the last two weeks, us throwing open our borders and literally hundreds of thousands of people coming without any kind of security check or documentation.”

Neither NDP Leader Tom Mulcair nor Liberal Leader Justin Trudeau has ever sug-

gested.

When Conservatives argue — as they have intermittently — that their objection to the niqab is rooted in its oppression of women, they can spark a rational debate, but Harper rarely tries to make that case.

Harper is not promising to go as far as some of our European allies. France banned face coverings in public places in 2011 and Belgium was close behind with its own law. The Dutch cabinet passed a partial ban in public places such as



FOMENTING FEAR Tim Harper writes that Conservatives may attract support beyond their base if they stoke anxieties about the niqab and terrorists among Syrian refugees like this woman awaiting transport to Austria from Croatia. THE ASSOCIATED PRESS

gested airlifting refugees to this country without security checks. No one ever called for hundreds of thousands. The three parties can differ on numbers and timelines and argue over “political will,” but for Harper to suggest the opposition parties are not concerned about security is flat-out fear-mongering.

Similarly, Harper's decision to seek a stay on a court decision allowing Zunera Ishaq to cover her face during a citizenship ceremony is playing to fears of something different, something vaguely threat-

schools, hospitals and public transport this year.

But Harper's argument that an “open, tolerant, pluralistic” society demands we reveal our face when seeking to join the Canadian family is disjointed. Surely, an open, tolerant and pluralistic society would tolerate a woman from Pakistan who wishes to join this family being allowed to do so while honouring a custom sacrosanct to her.

This is not necessarily a Conservative “wedge issue,” used for short-term campaign gain.

The Tories have vowed to

reintroduce legislation banning the niqab at citizenship ceremonies within 100 days of being re-elected.

Lastly, on the economy, Harper is now vowing to “protect” the fragile economy — protect it from big deficits from Trudeau or those abject failures of NDP governments which Mulcair is sure to replicate.

Mulcair may yet rue the day he fell into the balanced budget trap, but he can make a cogent case for New Democrats balancing the budget. He need only point to previous administrations in Manitoba and Saskatchewan while Harper points to previous and current NDP governments in Ontario and Alberta to raise doubts.

Conversely, anyone can point to previous Conservative provincial governments — or the Harper government — that have run deficits because balancing the books is more often the product of circumstances rather than ideology.

Raising doubts about the unknown is a tempting target for an incumbent desperately trying to hang on one more time.

Fear is the trump card against change. Harper is betting that the unknown is scary, and he will argue that only he can protect us from the bad guys, whether they are coming to our shores or are already here waiting to kill your job or endanger your investments.

But a month out, it is an open question as to whether there is enough fear in the land in 2015 to play to Harper's agenda.

Tim Harper is a national affairs writer. His column appears in the Toronto Star on Monday, Wednesday and Friday.

metroview

#ReadtheTRCReport: We can't reconcile if we don't know the history



Erica Violet Lee
For Metro

On June 2, the Truth and Reconciliation Commission Report on residential schools was released. I remember standing in a packed Ottawa hotel lobby, watching along with hundreds of others who had travelled from across the country. I was a little grouchy going in. The impact of residential schools is well-documented. It felt impossible to find any reason for hope in yet another report filled with horrifying stories. (Just when we think we've heard the worst, there's always more.)

Three months later, we are in a federal campaign, and the TRC report has slipped the minds of politicians. How can we reconcile when so many don't know the history of this land or extent of the atrocities committed in Canada's name?

Reading the 388-page report is a daunting task, even more so because of the difficult content. Over the summer, Zoe Todd (Métis, Edmonton), Joseph Murdoch-Flowers (Inuk, Iqaluit), and I launched a project via Twitter to record the entire document on video, with the title #ReadTheTRCReport. One hundred and forty videos later, we completed the project. Each one was lovingly recorded by someone who lives on these lands — someone who lives with the legacy of residential schools, and with the responsibility to make sure these stories are not forgotten.

As the report summary was

read aloud, I watched elders weeping and understood how many people waited their entire lives for it. Even more did not survive to see it. Residential school survivors and their families deserve closure, justice, and hope. The TRC report is a definitive record of their experiences. It's confirmation that yes, more than 150,000 indigenous children were taken from their homes, and yes, that is genocide.

Leaving the hotel, I thought this: Of 35 million Canadians, how many know there are more indigenous children currently in foster care than at the height of residential schools? How many falsely believe they are powerless to change the history currently being written by their government?

The report contains not only history and testimony, but recommendations calling Canadians to action. Number one on that list is the return of indigenous children to their cultures. For children to be safe in their communities, they need clean drinking water, equal funding for education, and freedom from poverty. By taking action for indigenous children now, we seek the justice that was denied to residential school attendees. By reading the report, we declare that to be indigenous is not only a story of tragedy, but one of hope.

Erica Violet Lee is studying philosophy and political studies at the University of Saskatchewan. She is a youth organizer in the Idle No More movement.

PHOTO: ALOYS FLEISCHMANN/FACEBOOK

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A NEUROSIS IS A SECRET YOU DON'T KNOW YOU'RE KEEPING.





10 New shows for fall

Fellow couch potatoes, it's time to get excited. Fall TV is officially upon us! Forget the cooler weather, shorter nights and falling leaves — the next couple of months are really all about the brand new TV series heading our way. Here's our guide to 10 new shows worth tuning into.

BRIAN GASPAREK FOR METRO



NOW AIRING

Blindspot

Blindspot has the potential to be one of the coolest new shows this fall. The drama follows Jane Doe, a mysterious tattoo-covered woman who wakes up in a duffle bag in Times Square with no memory of her past or identity. The FBI notices each tattoo on her body contains a clue to a crime that has to be solved. Neat, huh? The show stars Jaimie Alexander and Sullivan Stapleton.



SEPT. 28

Daily Show with Trevor Noah

It's the question we're all asking: Will Trevor Noah be able to fill Jon Stewart's shoes as host of The Daily Show? Our questions will be answered later this month.



TONIGHT

Scream Queens

If you liked Ryan Murphy's other creations (American Horror Story, Glee and Nip/Tuck), you'll want to check out Scream



NOW AIRING

The Bastard Executioner

If you're trying to fill the void that Sons of Anarchy left in your life when it ended last year, The Bastard Executioner could be the show to do it, a series by SOA creator Kurt Sutter that looks just as bloody and badass. It's a medieval drama that follows a disgruntled knight turned journeyman executioner. It stars Lee Jones, Katey Sagal and Stephen Moyer.

Queens. The show mixes horror and comedy and is planned to be an anthology series like AHS. The first season follows a series of sorority house murders and features a stacked cast that includes Emma Roberts, Lea Michele, Jamie Lee Curtis and Abigail Breslin.



OCT. 9

Red Oaks

The best new comedy to binge watch this fall might be Amazon's Red Oaks. Following up its hilarious pilot that was released last year, the show is set in the mid '80s and revolves around an awkward teen tennis pro working a summer job at a posh country club. Critics have compared it to Caddyshack, which sounds pretty good to us.



TONIGHT

The Muppets

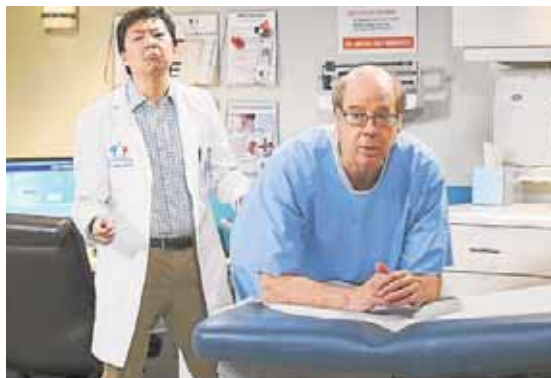
The Muppets are back on TV this month! Although that alone should make you want to tune in, their new show sounds fantastic.

The Muppets will be a show-within-a-show sitcom in the vein of The Office or Parks and Recreation... only with The Muppets. Plus a lot of special guest cameos.

OCT. 2

Dr. Ken

Everyone loves Ken Jeong, so naturally he was given his own sitcom. In Dr. Ken, the former Hangover and Community star plays a brilliant but crass doctor (his real life profession before acting) and family man to his wife and two kids. With Ken as the star, it should be hilarious and worth a watch.



OCT. 31

Ash Vs. Evil Dead

Get your bandwidth ready for some Halloween streaming. Sam Raimi and Bruce Campbell are reuniting to bring the world of Evil Dead to TV. Ash Vs. Evil Dead follows our favourite zombie-slaying film hero hilariously destroying a new pack of zombies 28 years later. It is 10 episodes of guaranteed blood, guts and laughs.

OCT. 12

Crazy Ex-Girlfriend

Another can't miss comedy is Crazy Ex-Girlfriend. Dreamt up by and starring Robot Chicken writer Rachel Bloom, the dark musical comedy follows a ridiculously obsessed single woman trying to rekindle a relationship with her high school boyfriend 10 years later. She believes he's her soulmate after being inspired by an emotional butter commercial.



OCT. 26

Supergirl

Agent Carter is getting some female superhero competition this fall. Arrow and Flash producer Greg Berlanti is bringing Supergirl into our living rooms in late October and it looks really good.

Former Glee star Melissa Benoist is donning the red cape for the show.



10 BEST RETURNING SHOWS

They're back: fall premieres that can't be missed

The fall season has finally arrived. In addition to bringing a solid batch of new shows into our living rooms, we also see the return of a few favourites.

Here's a look at 10 of the top shows returning and when you can catch them.

Dr. Who (Now airing)

Sci-fi junkies should be pumped for the ninth season of Doctor Who. Peter Capaldi is returning for his second season as the Doctor and Jenna Coleman is back in her third season as companion Clara Oswald.

Gotham (Sept. 21)

One of the most highly anticipated returns this fall is the second season of Gotham. Dubbed "rise of the villains," the new season promises to give fans the origin stories for some of Gotham's most popular baddies. Word has it we're going to get to see The Joker, Mr. Freeze and Tigress, to name a few!

How to Get Away with Murder (Sept. 24)

When HTGAWM returns, we're not only going to find out who killed Rebecca Sutter, we've also been promised another crazy plot twist. The murder mystery drama revolving around Viola Davis' Annalise Keating and her interns just kept getting better last season. We assume the trend continues in Season 2.

Big Bang Theory (Sept. 24)

How will Leonard and Penny deal with married life? Will Sheldon and Amy work things out? Will Raj find love? We'll find out the answer to these pressing questions when the most watched sitcom in the world returns for a ninth season.

The Flash (Oct. 6)

The first season of The Flash was surprisingly great, and the show hopes to build on its momentum going into season two. Look for a pack of new characters, including several from the alternate universe. There will also be a crossover episode with fellow superhero TV hit Ar-

row. Side note: Arrow season four debuts Oct. 7th.

American Horror Story: Hotel (Oct. 7)

The fifth chapter in the American Horror Story anthology begins in early October with AHS: Hotel. This season takes place at the haunted Hotel Cortez and is said to be the darkest yet. Yikes. Series regulars like Kathy Bates, Matt Bomer, Sarah Paulson and Chloë Sevigny all return. New cast members include Lady Gaga as the hotel owner and New Girl's Max Greenfield as a junky.

Walking Dead (Oct. 11)

The highest-rated cable drama of all time, The Walking Dead, is back with a 90-minute season premiere to kick off its sixth season, which opens with 650 walkers in the first episode. That's a lot of zombies, folks.

Fargo (Oct. 12)

Everyone's favourite dark comedy is back for its sophomore year. Fargo's second season takes place in the late '70s, with a new setting and cast of characters (for the most part), including Ted Danson, Kirsten Dunst and Nick Offerman.

The Knick (Oct. 16)

Steven Soderbergh's 20th-century medical drama The Knick kicks off its highly anticipated second season in mid-October. We're all excited about diving back into the lives of Clive Owen's drug-addicted surgeon Dr. Thacker.



HEROES REBORN

Star of Chuck gets dark



Zachary Levi. GETTY IMAGES

Zachary Levi switches gears from playing the goofy star of Chuck to something much darker in his new thriller, Heroes Reborn.

The gregarious actor admits the role is a bit of a left turn for those familiar with the hero of his defunct beloved spy dramedy.

"The tone of these two shows is very different. In Chuck there was a lot of lightheartedness, there was a charm, there was a heart," Levi said during a stop in Toronto in June.

"And Heroes is a dark and complicated world and I play a dark and complicated guy."

Since his cult NBC series left the air in 2012, Levi has tackled material on big and small screens including the stop-motion comedy Robot Chicken and the superhero spectacle Thor: The Dark World, in which he played the warrior Fandral.

But Heroes Reborn arguably resets his career with his darkest role yet: His character Luke is a vigilante bent on exacting vengeance for the death of his son.

The show continues Tim Kring's saga of ordinary people suddenly bestowed with superhuman abilities, introduced in the four-season Heroes.

Levi said the new story picks up five years later, with a war brewing between those with abilities and those without.

Jack Coleman reprises his role as HRG, a.k.a. Noah Bennet, while other returning characters include Greg Grunberg as Matt Parkman and Masi Oka as Hiro Nakamura.

New characters include the awkward teen Tommy, played by Robbie Kay, who learns of a new ability that terrifies him; and Tokyo's quiet Miko, played by Kiki Sukezane, who is searching for her missing father while hiding an extraordinary secret.

Levi noted this is a world where many regular humans are shaken by the fact their neighbours possess what could be dangerous powers. "Lots of bad things are happening. Some people with powers abuse them and some people without abilities are afraid of them and fighting back." THE CANADIAN PRESS



Peter Capaldi as the Doctor in the Season 9 premiere. The show airs Saturdays on Space. HANDOUT

'It's all the frailties that make him interesting'

DOCTOR WHO

Showrunner Steven Moffat breaks down the Doctor

Eva Kis
Metro | New York



Time is not on Steven Moffat's side.

When we caught up with the Doctor Who (and Sherlock) showrunner last month to talk about the sci-fi series' ninth season, he was still writing it. "Whenever I go on holiday, wherever I am, sitting in an airport or car service, (writing) has been my fate," he says.

As for his more time-adept lead character, the Doctor (Peter Capaldi) has plenty of his own troubles. He rejoined with his companion, Clara (Jenna Coleman), but lost his homeworld of Gallifrey (again), so finding that will be a on the agenda — when he gets to it between adventures. Not to mention that time his long-lost rival The Master returned... as a woman.

We chatted with Moffat about what's complicated and not in the world of Doctor Who.

Will finding Gallifrey be the priority in Season 9?

It's out there, and it's at the back of the Doctor's mind. I'm bloody curious about the Doctor's nostalgia for Gallifrey, because we all know he ran away from it 'cause he found it so boring. So what happens if he finds it? He takes one look

Master, to Missy?

It's the same character; there's just been a radical change. I don't think Time Lords really mind about that sort of thing, and the Doctor doesn't react at all when the Master reveals herself, he never even queries it.

Dreams and feelings were big themes last season. Is this Doctor less afraid to be introspective?

I think the Doctor is always

people.

It's all the frailties that make him interesting.

Does the Doctor allow himself to feel regret, or does he make peace with his decisions as soon as they're made?

He keeps on the move for that reason. He's not a big fan of sticking around for the consequences, is he? He'll depose the government; he won't set up a new one. I think he runs, not an untypical reaction — just keep moving, don't think about it.

In his case, the past is so long, if he sat there and thought of it — all the people he's lost and all the things he's done — he'd have time for nothing else.

Let's settle the Sherlock cross-over question.

The problem with crossing over Doctor Who is the impact you have on the other show. If you actually did the Doctor meets Sherlock Holmes — which will not happen — then where's Sherlock at the end of that? He's just learned there is intelligent life in the universe, and time travel is possible — he must now factor this into any deduction he makes in the future.

“People view him either as a great hero or a great avenger or a might warrior, and we know he isn't... He just wants to have fun.”

Steven Moffat, Doctor Who showrunner

out the TARDIS door and says, 'Nah,' and takes off again. But we always miss home when we can't get to it, I guess that's the thing.

He's never going to have a single quest, the Doctor ... he's got attention deficit disorder, racing around trying to entertain himself and have fun with Clara. That's what he wants, that's his mission.

Any significance to the gender-swap of his rival, the

worried about that. One of the things I find interesting about him is what he's really like compared to what everybody thinks he is.

He has this great aspiration to be this man known as the Doctor who does the right thing and is never cruel and never cowardly — but we watch the show. We know that he's frail, and he can be vain ... he's so born to the aristocracy he never stops being imperious even if he pretends he's a man of the

HORROR

Star looks to life after Walking Dead

Chandler Riggs has been fighting zombies as Carl on The Walking Dead since he was 10.

Now 16, the TV star says he's eager to sink his teeth into other projects, but finds it difficult to break away from his character on the AMC smash.

"I've only gotten horror roles ever since I got on Walking Dead so I'm really hoping to try and branch out from that genre and hope that I won't get stuck there forever," Riggs said in a recent interview. "I do want to get other roles. I've been auditioning for other things, ever since I started on the show. I'm still auditioning, it's not like I'm getting handed roles or anything."

Riggs opened up about those struggles on Twitter and Facebook earlier this year, when he revealed he had auditioned for (and lost) the role of Spider-Man.

Reached last month at his home in Georgia, the actor admitted he's musing on a "back-up plan" to acting, especially with college looming in a couple of years. The Grade 11 student, who attends a regular public high school in Georgia, says he's keen to get a post-secondary education, even though he'd like to continue acting.

"Both my parents were teachers so it'd be cool to be a teach-

er," he says of possible alternate careers.

Riggs says he first caught the acting bug at age four, when he got started with small community theatre projects. Professional gigs were harder to snag and he was actually on the verge of quitting before he landed The Walking Dead.

"I had to keep on missing school just because of auditions and my dad had to keep on missing work — and he's a teacher and it's kind of hard to miss work there," he says. "It was just getting tough and we didn't have the money for me to even think about doing it for much longer."

Once on the show, he found a friendly face in co-star Melissa McBride, who was a casting director before she took on the role of battle-hardened Carol.

"I had actually gone to audition for her lots of times so when we came to the set we had already known each other for like two or three years," says Riggs, adding that his onscreen dad Andrew Lincoln also proved to be a valuable mentor. "We're all pretty close. Andy's such a cool guy and helps me through a lot of things acting-wise. He's given me a lot of tips on new ways to view things or do things."

THE CANADIAN PRESS



Chandler Riggs stars in The Walking Dead. THE CANADIAN PRESS

TV BRIEFS

Soap star disses Davis

Viola Davis' history-making Emmy win and call for more diversity on TV thrilled most viewers of Sunday's Emmy-cast. But not soap star Nancy Lee Grahn. Instead, the long-time cast member of General Hospital had a Twitter fit.

"Emmys not venue 4 racial opportunity," she declared in a tweet, later deleted. This was followed by a tweet hailing Davis, the star of ABC's How to Get Away With Murder who became the first African-American to win a best actress Emmy, as "the bees knees." But Grahn said Davis has never been discriminated

against.

Before long, Grahn seemed to cool off, tweeting that Davis is "a goddess." Finally came a string of apologies. "Color me heartbroken," tweeted Grahn, observing, "Twitter can bring out the best & sadly tonight the worst of us."

THE ASSOCIATED PRESS



Nancy Lee Grahn. HANDOUT

Charlie Weber prepares for the worst

PLOT LINE

No one is safe on ABC's *How to Get Away with Murder*

When you work on a show called *How to Get Away with Murder*, you pretty much have to prepare for the worst.

So says co-star Charlie Weber, whose shady character Frank Delfino revealed himself last season to be more than capable of tying up loose ends — permanently.

The legal thriller returns Thursday with Weber resuming his role as loyal bulldog to hard-bitten lawyer/professor Annalise Keating, played by recent Emmy winner Viola Davis.

The first season ended with the surprise murder of Rebecca Sutter, played by Canadian actress Katie Findlay, and Weber said fans won't have to wait long to find out what happened.

"We are going to address the Rebecca thing fairly quickly, I think, and we'll need to — a dead girl is under the stairs,"



Actor Charlie Weber says viewers will soon find out what happened in last season's murder of Rebecca Sutter. FRANK GUNN/THE CANADIAN PRESS

he said during a visit to Toronto in June.

"And we'll see how quickly things pick up and where."

A teaser for the second sea-

son opener promises the killer will be revealed.

Meanwhile, Annalise takes on the case of a brother and sister who are accused of kill-

ing their parents and an old friend surprises Annalise at home and teaches her a valuable lesson.

The episode also introdu-

“It can happen at a moment's notice ... For us, literally any moment because it's a show about murder and we killed two series regulars in the first season.”

Charlie Weber, who plays Frank Delfino in *How to Get Away with Murder*

ces Famke Janssen as a new character.

Weber said no character is safe on the Shondaland series — just one of several addictive Shonda Rhimes productions that include *Scandal*, which saw the near-fatal stabbing of Scott Foley's Jake Ballard last season, and *Grey's Anatomy*, which last season killed off popular hunk Derek Shepherd, played by Patrick Dempsey.

Weber said Findlay got little notice about her character's fate.

"It's quick. (Creator Pete Nowalk) told Katie Findlay, who plays Rebecca, that in fact she was going to be dead in the finale, but not long before that was finished. So he let her process that, but it can happen at a moment's notice, on any one of those shows. For us, literally any moment because it's a show about murder and we killed two series regulars in the first season."

Weber said he's eager to learn more about Frank's dark past, noting that he only learned of his role in killing college student Lila Stangard as the series unfolded.

"A lot of decisions were made throughout the course of the season sort of leading down that path," said Weber.

"I think it was actually quite validating, that moment of Frank killing Lila, for the way that I'd played Frank from the beginning. He was definitely someone capable of that and (she was) definitely not the first person he'd killed. But now we need to find out why."

How to Get Away with Murder returns Thursday on ABC and CTV.

THE CANADIAN PRESS



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5 METHODS FOR STAYING CALM THIS FALL

You're back from summer vacation, school's in full swing and in no time, you'll be preparing for Thanksgiving, Halloween and Christmas. Here's how to stay calm juggling work, errands and looking after kids.

TEXT: AFP PHOTOS: ISTOCK



1 Smile anyway

Believe it or not, flashing a smile could keep you calm and cool, even if nobody's around to see it. Consider it a smile just for you. On the flip side, try smiling in a social or professional situation even if you have to fake it. Not only can it reduce your stress, but it could put those around you at ease, thereby making a potentially complicated situation easier to handle.



2 Breathe

Start by engaging diaphragm breathing. Place a hand over your mid to lower abdomen and breathe deeply until you feel it rise and fall. This deep breathing allows more oxygen into your lungs and subsequently your blood, leading to calm.



3 Take a real coffee break

It's tempting to reach for a cup of java when you're facing what seems like a mountain of work, but the stimulant's effect could cause you to feel even more overwhelmed. Switch it out for hot water with lemon juice, which is thought to have a detoxifying effect on the body.



4 Sit up straight

Good posture is essential for a healthy body, helping you avoid injury. It also encourages proper breathing, so it can help eliminate headaches provoked by insufficient oxygen intake. Sitting up straight for extended periods might be difficult if you're not used to it, but it has the added benefit of working your core.



5 Stretch it out

Yoga is well known to decrease stress and the practice now has a class themed just around every possible objective. For example, if you like fashion and style, try Yoga. You'll find yoga classes geared towards improving performance in sports from surfing to skiing to occupy your time in the off-season.

Lenny Domestic Medium Hair

Three-year-old Lenny was found alone in a box outside an apartment building. This friendly fellow has a calm vibe, purring easily when visitors come to see him. He enjoys being fussed over and will let you pet him all over as much as you want. Lenny is large and healthy, with big front paws featuring extra toes. He knows his patience will be rewarded once the right person or family recognizes him for the wonderful cat he is. **Could it be you?**



For more information on **Lenny** and other adoptable furry friends, visit www.spcans.ca/dartmouthshelter or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or dartmouth@spcans.ca

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LIFESTYLE

Millennials more prone to weight gain

Twenty-five-year-olds now may need to exercise more and eat less than they would have a generation ago in order to maintain the same weight, suggests a new study.

Funded by the Canadian Institutes of Health Research, the study analyzed data from nearly 36,400 American adults from 1971 to 2008 as well as the physical activity frequency data of 14,419 adults from 1988 to 2006.

"We observe that for a given amount of self-reported food intake, people will be about 10 per cent heavier in 2008 than in 1971, and about five per cent heavier for a given amount of physical activity level in 1988 than 2006," said Ruth Brown, lead researcher and a graduate student at York University in Toronto.

"This is because weight management is actually much more complex than just energy in versus energy out," said Prof. Jennifer Kuk in the School of Kinesiology and Health Science, noting that factors such as medication use, environmental pollutants, genetics, timing of food intake, stress,



A new study finds that millennials are about five per cent heavier than people a generation ago, even when they do the same amount of physical activity. ISTOCK

gut bacteria and nighttime light exposure come together to make weight management more of a challenge.

AFP

HEALTH BRIEFS

Antibacterial soap not as effective as once thought

If you cling to the idea that antibacterial soap is superior to plain soap, think again. A new study found no significant difference in bacteria-busting ability. Researchers zeroed in on antibacterial soap containing an ingredient called triclosan, a popular antiseptic. What they found was that it wasn't any more effective than regular soap when it came to killing germs. It should be noted that when the bacteria was exposed to triclosan for a nine-hour period, it was significantly more effective.

AFP

Munchies to blame for marijuana-diabetes link?

Experts say that current and former marijuana users appear to be more likely to develop prediabetes. Researchers found that when compared to those who'd never used marijuana, people who'd used high levels during their early adult years were 40 per cent more likely to develop prediabetes at middle age. The condition, which is characterized by inadequate blood sugar control, can lead to Type 2 diabetes if left unchecked. AFP



Jays cash in vs. Yankees

MLB

Toronto ace living up to billing in AL East tug of war

Blue Jays ace David Price worked seven shutout innings and Josh Donaldson scored twice as Toronto defeated the New York Yankees 4-2 on Monday night in the opener of a pivotal three-game series at Rogers Centre.

The victory gave the Blue Jays some much-needed breathing room in the AL East division standings. Toronto (86-64) moved 3-1/2 games ahead of the second-place Yankees and also gained ground on the idle Kansas City Royals, who lead the Blue Jays by 1-1/2 games in the race for the American League's top seed.

The Yankees made it interesting in the eighth inning by scoring a run and bringing the tying run to the plate, but reliever Brett Cecil kept the damage to a minimum. Roberto Osuna gave up a solo homer to Greg Bird in the ninth before picking up his 17th save to the delight of the sellout crowd of 47,648.

Toronto staked Price to an early three-run lead as New York starter Adam Warren (6-7) struggled through a 35-pitch first inning. Ben Revere singled, Donaldson was grazed by a pitch and Jose Bautista found a hole up the middle to bring Revere home with the game's first run.

A wild pitch moved Donaldson and Bautista into scoring



Alex Rodriguez returns to the visitors' dugout after striking out in the sixth inning Monday night at Rogers Centre. A-Rod fanned three times and had one hit in the Yankees' loss. TODD KOROL/TORSTAR NEWS SERVICE

position and an Edwin Encarnacion grounder was enough to score Donaldson. Bautista came across after Justin Smoak lashed a double over the head of Yankees right-fielder Carlos Beltran.

The Yankees (82-67) loaded the bases with one out in the third inning. Dustin Ackley reached on a Cliff Pennington throwing error, Jacoby Ells-

MONDAY In Toronto

4	2
BLUE JAYS	YANKEES

bury singled and Brett Gardner walked.

Sluggo Alex Rodriguez worked a full count on Price

before striking out as the crowd roared its approval. Price then got Brian McCann to fly out to strand the runners.

Warren was pulled with one out in the fourth inning and replaced by James Pazos. Warren allowed five hits, three earned runs and a walk while striking out five.

Price, meanwhile, was in full control after being tested in the

third inning. He retired the next 14 straight batters until he was replaced by Aaron Sanchez to start the eighth inning.

The Toronto starter was helped by some solid defence. Smoak dived to snag a Gardner chopper by the first-base line before getting up and beating him to the bag for the first out of the sixth inning.

THE CANADIAN PRESS

IN BRIEF

Miller loses again vs. Mets

Jonathon Niese won for the first time in a month, Michael Conforto homered and the New York Mets inched closer to an NL East title with their 4-0 win over the Atlanta Braves on Monday night in New York.

Daniel Murphy lined a two-run double, Yoenis Cespedes had three hits and the Mets handed hard-luck Shelby Miller his 15th straight defeat.

THE ASSOCIATED PRESS

Astros rolling again

Evan Gattis and Carlos Correa hit two-run homers, and the Houston Astros beat the Los Angeles Angels 6-3 on Monday night in a matchup of AL wild-card contenders.

Dallas Keuchel (18-8) pitched 7-2/3 solid innings to remain undefeated at home this season. More importantly, the all-star left-hander helped Houston keep momentum by winning its third straight.

THE ASSOCIATED PRESS



Dallas Keuchel has had a Cy Young-calibre season in Houston. THE ASSOCIATED PRESS

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Leafs to give glimpse of blue-line future

NHL

Gardiner and Rielly start training camp as top pairing

Mike Babcock cautioned not to read too much into Jake Gardiner and Morgan Rielly playing together to open the pre-season. It may just be a training camp experiment by the new Leafs head coach, but it's a fascinating one.

Gardiner and Rielly are young, smooth-skating, offensive-minded defencemen who could thrive under Babcock. Even with Dion Phaneuf around, they would seem to make up the ideal top defensive pairing now and for the future.

"I think we just use each other to our advantage," Rielly said. "We just like using each other as outlets, whether we're in trouble or whether we're trying to get going.... He wants to try to create offence, and I do as well, so we can't both be trying to do it at the same time."

Gardiner is entering his fourth full NHL season and Rielly his third. At 25, Gardiner has the security of a long-term contract, while Rielly has the potential tools to be a No. 1 defenceman.

Babcock, who figured he wanted to see Gardiner and Rielly play together because they're good young players and buddies off the ice, said at training-camp media day that they need to improve defensively. But he sees more in Gardiner than perhaps other Leafs coaches have.

"Everyone talks about Mor-



Jake Gardiner, right, and Morgan Rielly of the Maple Leafs celebrate a goal scored by the former during the 2013-14 season. LEON HALIP/GETTY IMAGES

“Not to put pressure on him, but he's going to be a big part of this team.” Jake Gardiner on teammate Morgan Rielly

gan Rielly and everyone knows that he has elite upside (as an offensive guy," Babcock said. "But Gardiner, when I watch him, I think he should be a good player. So let's build him up, let's get him going, let's get him playing good."

The best way of doing that may be pairing him with Rielly, which Randy Carlyle and Peter Horachek tried last season. Even though each player

is left-handed, Rielly adjusted to playing the right side spectacularly as a 21-year-old.

Gardiner and Rielly have enough experience playing together that they know the drill by now. Since they're quick to think offence, Rielly said they have to take turns jumping up in plays and getting back to cover for each other.

"You just have to kind of

read off each other," Rielly said. "I can usually tell from a mile away when he's thinking about playing offence. When that happens, I'll just drop back and he'll do the same."

Gardiner considers their off-ice friendship an asset because he and Rielly aren't shy to communicate. Instinctually they're a good fit, at least on paper, because they're so skilled and like-minded.

"We're both really good skaters," Gardiner said. "Playing with a guy like that, he's so strong, he's an easy guy to play with." THE CANADIAN PRESS

NFL

Romo likely to miss two months

Dallas Cowboys quarterback Tony Romo is expected to miss about two months with a broken left collarbone, though he won't need surgery.

The loss of Romo in Sunday's 20-10 victory at Philadelphia means the defending NFC East champion Cowboys (2-0) will be without their starting quarterback and All-Pro receiver Dez Bryant possibly through October.

Coach Jason Garrett said Monday that tests revealed no ligament damage for Romo after the second broken collarbone of his career. The other was in 2010, and he missed the final 10 games



Tony Romo
GETTY IMAGES

+ PLAN B

Brandon Weeden replaced Romo against the Eagles and threw a clinching 42-yard touchdown pass to Terrance Williams in the fourth quarter.

of the season. However, Dallas was out of playoff contention before he could have returned.

The most optimistic time frame for Romo's return is during a two-game Florida swing on Nov. 15 (Tampa Bay) and Nov. 22 (Miami). Otherwise, his absence could approach three months if he skips a short week for the Thanksgiving home game against Carolina and returns Dec. 7 at Washington.

Dallas hosts Atlanta (2-0) on Sunday. THE ASSOCIATED PRESS

CFL

Torn ACL ends Collaros's season

Zach Collaros's brilliant 2015 season is over.

The Hamilton Tiger-Cats confirmed Monday their star quarterback will miss the remainder of the campaign with a torn ACL in his right knee. Collaros suffered the injury in the second quarter of a 25-18 home loss to the Edmonton Eskimos on Saturday afternoon.

Collaros underwent an MRI on Monday. The Ticats said no date for surgery has been determined.

"I would like to thank the great players, coaches and fans around the league who have extended their support this week," Collaros said on his Twitter account Monday. "I will work my hardest for my teammates and our organization to come back

70.2

Collaros sported an impressive 70.2 completion percentage this season.

stronger.

"Until then, I believe in our team and believe we will bring the 2015 Grey Cup to Hamilton. Thank you."

The loss of Collaros is huge for Hamilton (8-4). The 27-year-old native of Steubenville, Ohio, leads the CFL in passing yards (3,376), touchdowns (25) and passer rating (113.7).

THE CANADIAN PRESS

DUCKS

Gibson nets \$6.9M contract extension

Goalie John Gibson has agreed to a three-year, \$6.9-million contract extension with the Anaheim Ducks. The Ducks announced the deal Monday.

The 22-year-old Gibson is considered one of the top young goalies in hockey, and he has won 16 NHL games over the past two seasons with the Ducks. He is competing with starter Frederik Andersen and newcomer Anton Khudobin for two roster spots in training camp. THE ASSOCIATED PRESS



John Gibson
JIM MONE/THE ASSOCIATED PRESS

KINGS

L.A. steps up off-ice conduct training

The Los Angeles Kings have announced an extensive program of off-ice training for their players after three embarrassing arrests in the past year.

The Kings outlined their Conduct Awareness Training Initiatives on Monday.

The franchise is partnering with community organizations to address domestic violence, drug and alcohol abuse and sexual harassment. The team also has hired former NHL player Brantt Myhres to help players

avoid addiction and substance abuse.

The Kings were rocked by the arrests of defenceman Slava Voynov and veteran forwards Jarret Stoll and Mike Richards. They have cut ties with the three players, who all won Stanley Cup rings in 2012 and 2014. Voynov plans to move back to Russia after serving jail time on domestic violence charges. Stoll and Richards were arrested for drug offences.

THE ASSOCIATED PRESS

IN BRIEF

Manziel's performance creates QB controversy

Cleveland Browns coach Mike Pettine says quarterback Johnny Manziel's winning performance on Sunday will make it tougher to decide who will start when Josh McCown returns from a concussion.

Manziel threw two long touchdown passes in a 28-14 win over Tennessee. The second-year QB has made major progress this season, and Pettine has been pleased with his development aside from four fumbles in the past two games. THE ASSOCIATED PRESS

Brees shouldering injury

New Orleans Saints coach Sean Payton isn't ready to say whether he expects Drew Brees to miss snaps because of a hit he took to his throwing arm.

Payton says the Saints will keep evaluating Brees' health and do what's best for him before deciding whether he plays this Sunday at Carolina.

Brees never left Sunday's 26-19 loss to Tampa Bay. He finished 255 yards and one touchdown. Brees has not missed a start due to injury since joining New Orleans in 2006. THE ASSOCIATED PRESS

RECIPE 4-ingredient Zucchini Soup



The soup is great as is, but it's also a wonderful slate for dressing up with a variety of toppings. It allows everyone in the family to customize the soup as they see fit. Mini toasts, browned turkey or chicken sausage, sautéed winter or delicata squash, a spoonful of plain Greek yogurt blended with chopped fresh herbs, or bread.

Ready in 20 minutes
Serves 4

Ingredients

- 3 medium-large zucchini (about 1 1/2 lbs)
- Kosher salt and ground black pepper
- 2 cups low-sodium chicken or vegetable broth, warmed to hot
- 2 Tbsp chopped fresh chives
- 1 Tbsp lemon juice

Directions

1. Heat the oven to 400 F. Line a

baking sheet with kitchen parchment.

2. Cut the zucchini in half lengthwise, then slice off the nubby ends. Place the zucchini on the prepared baking sheet, then mist with cooking spray. Season with salt and pepper, then roast until tender, about 15 minutes, turning halfway through.

3. In a blender, combine the roasted zucchini, hot broth, chives and lemon juice. Blend until creamy and smooth. Serve immediately.

Nutrition per serving

- Calories 35
- Protein 3 g
- Sugar 3 g
- Carbohydrates 5 g
- Fibre 1 g
- Total fat 0.5 g
- Saturated fat 0 g
- Cholesterol 0 mg
- Sodium 170 mg

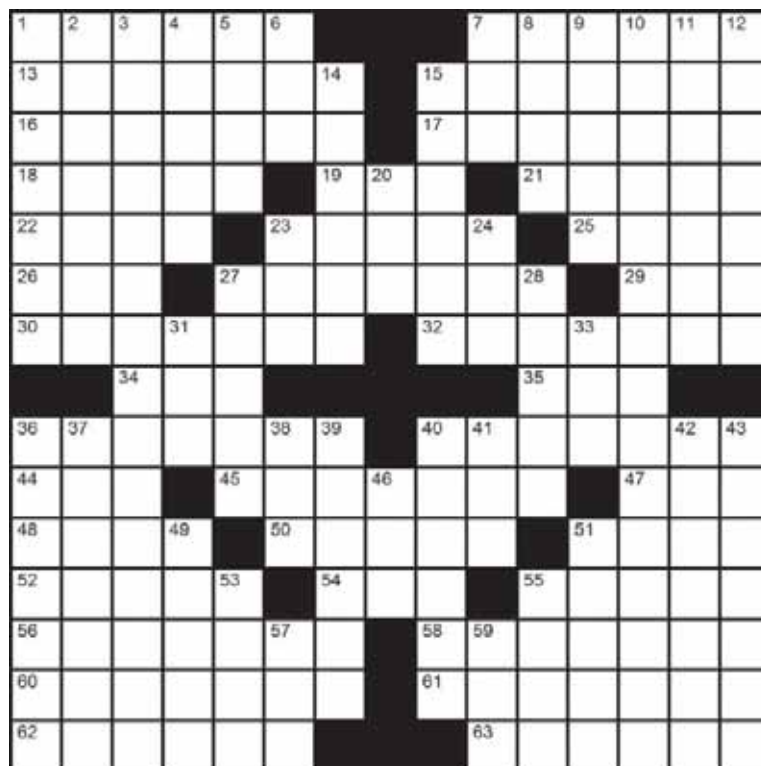
THE ASSOCIATED PRESS

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Bands of eight
7. Singing span
13. Ice cream establishment
15. Mountain peak topping
16. Black-tailed __ Dog (Rodent in southern Saskatchewan)
17. Sicily's capital
18. Willow*tree's flexible twig
19. Sigma's fol-lower
21. Test the outfit for sizing: 2 wds.
22. Mr. Mineo's
23. Gloria Swanson role, __ Desmond
25. Gambit
26. 'Client' completer
27. Big Apple denizens, with New
29. Philosophy
30. Ophidian
32. Does some editing with film
34. 1980s starlet Ms. Zadora
35. Haunter's cry!
36. Big wreck
40. English actress Ms. Miller's
44. __ favor (Please, in Spanish)
45. Types of small pianos
47. Dishwasher item
48. Cross of ancient Egypt
50. Keeps an eye on the weight lifter
51. Ill-considered
52. Man-made mechanical man
54. Quid __ quo



55. Al __ (Pasta-cooking consistency)
56. Peter of "Bosom Buddies" and "Newhart"
58. Everlastingly
60. __ Fields (Heavily abode in Greek mythology)
61. Hooplah

62. "___ My Life" by Bruno Mars
63. Flips the coin

DOWN

1. Resists
2. Dealership event: 2 wds.
3. Canuck TV show for Julian, Ricky and

- Bubbles: 3 wds.
4. Fashion designer Mr. Saab, and namesakes
5. Unit of pressure
6. Fashion designer Anna
7. "Snakes __ Plane" (2006)
8. Indianapolis foot-

- ball player
9. Doofus
10. Medium for Big A, a 1968 abstract painting by Canadian artist Jack Bush (b.1909 - d.1977): 3 wds.
11. Skedaddle
12. Words created from people's names,

- such as Walt Disney to Disneyland or Arnold Palmer and the same-named drink or Thursday derived from the Norse god Thor
14. Snappy comeback
15. Sea foams
20. "Raiders of the Lost __" (1981)
23. Tadoussac turndown
24. Dadaist Jean
27. Casual affirmatives
28. Blackthorn fruits
31. Detectives, commonly
33. 'Restrict' suffix
36. Less dense
37. Eye piece for Mr. Peanut
38. Raises
39. 1970s Broadway musical with the song "Magic to Do"
40. Explode or depart: 2 wds.
41. 'I' in FWIW
42. Stark
43. Globes
46. Neither here there ...what's missing?
49. "The Planets" composer Gustav
51. Snorkeling locales
53. "Dynamite" singer Mr. Cruz
55. 007 foe in '62: 2 wds.
57. UK military service
59. Quaker cereal, __ Bran

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Keep certain situations, and certain people, at arm's length while you sort yourself out. A colleague will come up with a well-meaning suggestion but don't accept — the less you do on the work front today the better.

Taurus April 21 - May 21
You may find it difficult to put into words what is in your head but that's okay. Your body language will tell others what they need to hear, not least of which is that you have no time for slackers.

Gemini May 22 - June 21
There is a danger today that you will overreact to criticism and retreat into your shell. You don't have to be so precious. Toughen up.

Cancer June 22 - July 23
Try not to focus on other people's faults and failings. Be positive, even when dealing with negative people.

Leo July 24 - Aug. 23
You may be tempted to give up on something that is taking up a large slice of your time and your energy. Don't! In a matter of days it will come easier to you, and the hard work you put in earlier will pay off in a big way.

Virgo Aug. 24 - Sept. 23
If you have overextended yourself in some way you will now have to cut back and learn to live within your means. Your cash flow situation is unlikely to improve until you sell off some of those luxury items you own but rarely use.

Libra Sept. 24 - Oct. 23
No matter how persuasive you may be with others you can no longer fool yourself that things can stay as they are. Both at work and in your private life there will have to be changes.

Scorpio Oct. 24 - Nov. 22
Positive thoughts bring positive results, but the opposite is true as well: if you start thinking you do not deserve all the good things that are coming your way you will find they stop coming very quickly.

Sagittarius Nov. 23 - Dec. 21
You seem anxious, especially on the home front where bickering among loved ones is getting you down. The Sun's change of signs tomorrow will usher in a more positive phase.

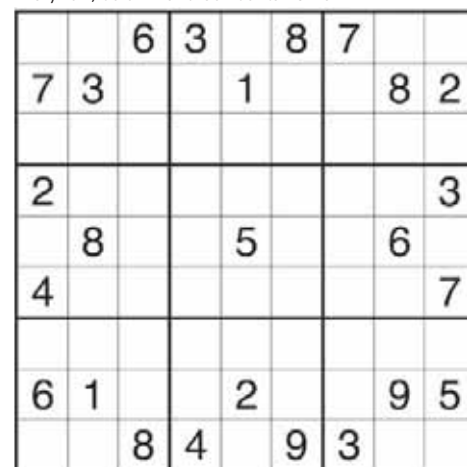
Capricorn Dec. 22 - Jan. 20
Cosmic activity in and around the career area of your chart over the next few days will bring out your ambitious side. Don't focus on your rivals — it's what you do that matters.

Aquarius Jan. 21 - Feb. 19
The harder you try to change things the more stubbornly they stay the same. Take the hint and leave enough well alone.

Pisces Feb. 20 - March 20
A task you took on earlier in the month is making no progress and you are on the verge of admitting defeat. However, the planets indicate if you stick it out the tide will turn in your favour in a matter of days. Don't give up on it yet.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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